

© TeamWorx Team Building Inc.
All rights reserved

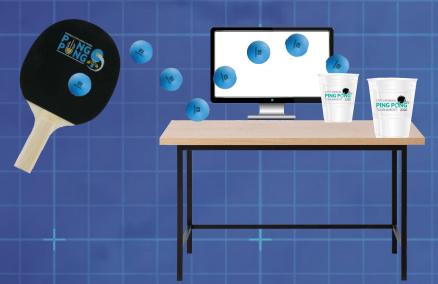
**NOT FOR REPRODUCTION** 

## **Double Pong Bounce**

- This activity has two challenges.
- Complete both challenges as fast as possible.

This is a "Start to Finish" timed event. Always use "seconds" to count time.

JUDGE: Start timer at beginning of session and stop the timer when the person has finished the activity successfully. They may attempt the activity several times, however the time keeps going until they complete it successfully.



## **Challenge 1**

Using the ping pong racquet, hit the ping pong ball into a cup by bouncing it once on your desk or table.

Repeat with second cup.

## **Challenge 2**

Bounce two ping pong balls into two cups - at the same time!

Throw both balls at same time

## **Same Time**

- 1. Hold both balls in one hand and throw at same time!
- 2. Bounce off desk and into both cups.