



# Virtual Ping Pong

## KNOCK OFF

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### Knock Off!

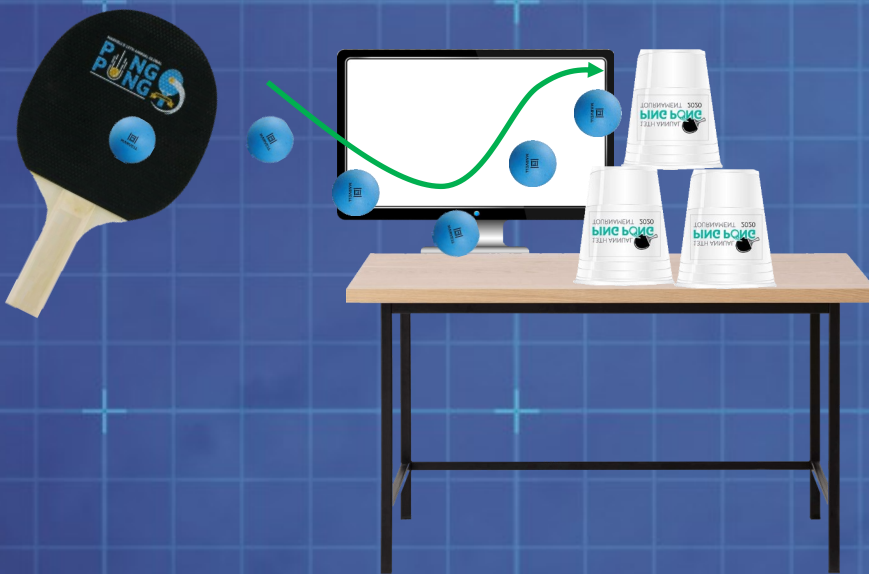
1. Make a pyramid with the three cups

#### Using the Racket

1. Bounce the ball off your desk or table and knock the top cup off
2. Do this three times in a row without a miss to complete the activity.

This is a “Start to Finish” timed event. Always use “seconds” to count time.

**JUDGE:** Start timer at beginning of session and stop the timer when the person has finished the activity successfully. They may attempt the activity several times, however the time keeps going until they complete it successfully.



X 3  
In a  
Row

